

### **Finding Jikoji Zen Center, Los Gatos Hills, CA, USA:**

As soon as I was asked to find the location for the upcoming event, my mind was more oriented towards looking for the places with full energy and enthusiasm. It is all due to Babuji's remembrance that was in the back of my mind. Master's support is felt all along, even in every small step. It feels like doing some small Sava to master is felt again and again. After searching for many places, everything had some limitations which I came to know only just in time to finalize. Before that, I did not even know what I needed to look for other than just to find a place to stay with the group, but there were so many things which came up to my notice which I do not know how. It's not because of my search and whenever I think "I" am doing it, those efforts and tasks become useless. Mostly, the Master is the one who reveals those places to us. When we narrowed down to 3 places and planned to visit, I messed up one with others and ended up going to Vajarapani instead of Jikoji.

It is an excellent place, but not for the group and for families arriving late at night. Especially during winter and rainy days, the last 5 miles will be challenging.

Next, we visited Jikoji Zen Center. It is a great place, and it is inviting and felt like this place is for Master's work. The Zento room (Meditation) felt very calm and divine vibration was felt at the very first step.

But, my logical & analytical thinking mind was deeply inclined toward Mount Medona's center, but the drawbacks and limitations were also revealed to us out of the blue.

I was communicating with both places. All of us like the Jikoji Zen Center, but the food arrangement was up to us. The Guest Manager, whom I was working with, responded very well and everything was there. On the other hand, Mount Madonna centers were very slow in replying to our questions. I was not able to connect with them on the phone even with multiple attempts. All of a sudden, there was no reply from them.

Finally, we decided to book Jikoji Zen center and start making arrangements for food. It was clear that the selections were made by Babuji alone. During those 8+ weeks, every day I felt that he was guiding me behind. Every day and every moment, a constant reminder of Master is felt and restless to do my duty for his service is felt. That's my experience of little service to master.

### **Settings, experience with Dr Madhavaji:**

I felt some anxiety at the beginning and prayed to the Master. First, I noticed gentle pressure 7 vibration near the heart area is felt, followed by the right side of the chest and followed by lower chakras and then to heart area again and then gentle pressure above the heart region is felt and then a little bit more pressure is felt just above the area. Most of the time awareness was there. Light was felt, light colors were changing and then deep travel or immersion kind of experience was felt. Weightlessness is felt. All along Devotion and dependency with master is felt. Subconscious mind was centered all the time..

After pooja, deep silence, plainness and lightness is felt. Sense of relief is felt.

### **11/29/23 Wednesday:**

#### **Jikoji Satsang 6.30-7.30pm**

Start to end echo is felt, mostly gray color is felt. Devotion to master is felt. Flow of grace is felt.

After pooja, silence and plainness is felt.

### **11/30/23 Thursday:**

#### **Jikoji 5.32-6.33am**

Mostly master remembrance is felt. Gray color is felt.

After pooja, silence, echo and plainness is felt.

#### **7.30 to 8.46am Satsang**

From the beginning the echo was felt and felt like it was surrounding me all the time through till the end of the meditation. Few thoughts came related to asking questions to Dr Madhavaji and then master remembrance and Masters dependencies felt all the time. Centeredness that is felt all the time, subtle journey is felt.

After Pooja, Silence and stillness is felt.

#### **5.30-6.30pm Satsang by Dr Kesavaji**

Deeply absorbed. Master remembrance is felt, mostly dependence with Master. Long silence is felt .

and the heart is filled with devotion.

After pooja silence and plainness is felt.

#### **12-12.30pm Satsang**

During meditation deep silences felt and echo was felt loud and in between thoughts came and gone. After that remembrance is felt and after Pooja silence is felt deeply.

#### **12.30-1.00pm SilenceHour**

Thought related to today's sadhana came. Mostly centered around master related thoughts and few work and other things came and you don't remember any.

**1/12/23 Friday:**

5.43-6.43am Started with thoughts related to what I'm going to talk to Dr Madhavaji and how I share with him related my thoughts and self checking like what I'm doing is right or wrong related thoughts keep coming. Most of the time echo is felt. Follow of day to day thoughts came.

After pooja, echo and settledness is felt.

**7.30-8.30am Satsang by Dr Madhavaji**

Deeply absorbed and awareness was there. Subtle jerk is felt 3 times. Deep travel in the light is felt. Light is felt, sometimes it is bright..

After pooja, Silence, lightness and plainness is felt.

**5.45pm to 6.45pm Satsang by Dr Kasavaji**

Centeredness is felt from the beginning and echo is felt most of the time. Day to day todo list and Master service related came. Vibration or gentle pressure in the heart area is felt which is similar to sittings with Dr. Madhaviji.

After pooja, silence and plainness is felt

**Summary:** Over all, all the 3 days heart and mind is filled with Babuji actively and in passively. After the retreat, I felt my experience with sadhana, Satsang & setting much deeper experience on a subconscious level. In California, we all were longing for a retreat. With Grace of Master and Revered Dr. Madhavaji & Revered Dr. Kesavaji's love, our craving got fulfilled. Ever Thankful to the Master for these events. Hoping for more events with Revered Elders. Pranam.